



## Press release

### **Exposure to ultraviolet radiation decreases the risk of endometrial cancer**

Veldhoven, The Netherlands, 6th July 2009 (SRF) – The risk of contracting endometrial cancer for women who frequently use sun beds is lower by 40 percent, in comparison to women who abstain from using them. A study which was carried out by Swedish researchers, and which has been published in the British Journal of Cancer, has come to this conclusion.

“The research team put their results down to the fact that the higher level of UV-B rays, which are associated with sun beds, effectively improve the levels of Vitamin D in the human body, especially in winter months. Vitamin D plays an important role for the well-being of cells, as medical research has shown,” explains Ad Brand, spokesman for the Sunlight Research Forum (SRF).

Endometrial cancer (Endometrial Carcinoma) is the most frequent form of uterine cancer. The study conducted by Swedish scientists is the first study to look into the question of whether there is a connection between tanning booths and the risk of contracting endometrial cancer.

The Sunlight Research Forum (SRF) is a non profit organisation with the HQ in the Netherlands. It is their goal to make the newest medical and scientific knowledge available to the general public about the effects of moderate UV radiation on people.

#### Please note:

The complete article “Epstein E., Lindquist P.G., Geppert B., Olsson H.: A population-based cohort study on sun habits and endometrial cancer; in: British Journal of Cancer, advance online publication, 23 June 2009” is also available on the SRF-website [www.sunlightresearchforum.eu](http://www.sunlightresearchforum.eu) for download.

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